

# Lincoln School's Triple Marathon

## November ~

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### Halloween Good Deeds

#### Unicef & Treats for Troops

Details will be in the Lincletter and a 'blast' to Triple Marathon Families. **Triple Threat: 3 Good Deed Credits possible!** (1 for collecting UNICEF, 1 for donating candy, 1 for letter to a soldier)

### Lincoln Fall Clean Up

**Sunday, Nov. 6<sup>th</sup>, 11AM - 2PM**

Lots of parents and student volunteers are needed. Bring your yard tools – rakes, hedge clippers, wheelbarrows, shovels, etc. **1 GOOD DEED credit per hour at the Clean-Up!**

### Triple Marathon Members

#### "Tuesday Turkey Trot"

**Nov. 15<sup>th</sup>, 2:45PM**

*(rain date November 22)*

Another shot at working on your Triple Marathon Milage - We will walk, jog and have fun answering Thanksgiving trivia. Meet at the large tree on the Lincoln playground at 2:45pm sharp. Wear your sneakers! Gobble, Gobble!

### Warm Clothing Drive

**Now – Nov. 17<sup>th</sup>**

For 18 years, Lincoln has held a warm clothing drive for the East Somerville Community School. CLEAN, winter jackets, sweatshirts, sweatpants, long pants, sweaters, gloves, coats, scarves, and winter boots are greatly appreciated. Earn **1 Good Deed** for your donation!



## Good Deeds Anytime ~

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*Ideas you can implement for your Good Deeds Goal!*

- Ask to help your teacher with a project or task
- Offer to sweep the steps or rake leaves for an elderly neighbor
- Pick up trash in a public place (library, park, etc.)
- Write a thank you note to someone who isn't often recognized for all they do (crossing guard, policeman, teacher's aid, school custodian, etc.)
- Walk a neighbor's dog while they are out of town
- Bake cookies for a neighbor who is sick or having a hard time
- Offer to be a mommy's helper for a parent of young children
- Help a grandparent with a chore that might be difficult for them
- Participate in a charity walk/run event
- Raise or donate money you've earned to homeless pets

Remember, often the best deed is found when you ask if you can help! (teachers, neighbors, parents, etc.!)

**Triple Marathon families were sent an email blast this week. If you did not receive it, please email us at**

# News, Ideas & Save-the-Dates November 2011

## Great Websites for Good Deeds ~

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[anysoldier.com](http://anysoldier.com)  
[locksoflove.org](http://locksoflove.org)  
[bostoncares.org](http://bostoncares.org)  
[cradlestocrayons.org](http://cradlestocrayons.org)  
[missionofdeeds.org](http://missionofdeeds.org)

## Volunteers Needed ~

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*Some events require parent volunteers – please help when you are able! **Student Volunteers – extra Good Deed opportunities!***

### UNICEF Sort

**Week of Nov. 14<sup>th</sup>, after school**

Needed: Several 3-5 graders

**1 Good Deed!**

Contact: [lsteenburgh@gmail.com](mailto:lsteenburgh@gmail.com)

### Turkey Trot

**Nov. 15<sup>th</sup>, 2:45PM**

Needed: 7-9 Parent Volunteers

Contact:

[acogan@winchester.ma.us.k12](mailto:acogan@winchester.ma.us.k12)

### Clothing Drive Sort

**Nov. 17<sup>th</sup>, after school**

Needed: Several 3-5 graders

**1 Good Deed!**

Contact: [dvonhalle@comcast.net](mailto:dvonhalle@comcast.net)

## Contact Us ~

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We need pictures for our bulletin board featuring Triple Marathon Students in action! Send your photos to our email address (see below).

Please also email us your questions, ideas and suggestions at [triplemarathon@gmail.com](mailto:triplemarathon@gmail.com)